

GET HEALTHY

ON THE RAILROAD



URBAN MINISTRY

Early Spring Fruit Salad

SERVES

4 PEOPLE

YUM! The first 100 registered participants will receive a free produce bag.

INGREDIENTS

- 1 pint fresh strawberries sliced
- 1 cup fresh blueberries
- 1 kiwi fruit
- fresh squeezed orange juice
- honey to sweeten

Directions

- 1 Combine all ingredients in favorite fruit bowl.
- 2 Mix gently.
- 3 Enjoy.